

Physical Education YEAR 7 CURRICULUM INFORMATION <i>'Building knowledge, understanding, memory and performance.'</i>					
What will students be learning?	Spring 1			Spring 1	
	Boys: Dance			Boys: Hockey	
To know (Building new knowledge)	To understand (Y7 – verbalise)	To be able to do (Performance)	To know (Building new knowledge)	To understand (Y7 – verbalise)	To be able to do (Performance)
<ul style="list-style-type: none"> Students will know the nine performance technical skills in dance. Students know the different actions used in dance and can recall these from professional works (jumps, turns, travel, gestures, and stillness) Students know how to use space and different dynamics in dance. Students know the need for the use of relationships within dance. 	<ul style="list-style-type: none"> Students should be able to verbalise how to apply the nine performance skills in dance. Students should be able to verbalise the different actions used in dance to choreograph sequences of movement. Students should be able to verbally explain the use of space. Students should be able to verbally explain the different 	<ul style="list-style-type: none"> To use a variety of performance skills in their routine. Apply different actions to create a new routine in group work. Use different aspects of SPACE within their dance, e.g., levels, different pathways. Incorporate different dynamics to original movement to change a motif. Apply relationships effectively in dance, e.g., meet and part, act and react. 	<ul style="list-style-type: none"> Students will be able to show basic hand eye co-ordination. Students will know a variety of techniques to outwit opponents. Students will understand the importance of a basic push pass and a block tackle. <p>Students will know the basic formation in a game and basic rules.</p>	<ul style="list-style-type: none"> Students will be able to describe the correct technique to use to keep the ball under control. Students will be able to instruct and support goal keepers in putting the kit on and know the importance of wearing it. Students will be able to discuss the differing dribbling techniques and the benefits of them. Students should be able to verbally explain the rule when the ball hits your feet. 	<ul style="list-style-type: none"> Students will be able to select the appropriate dribbling technique to outwit an opponent. Students will be able to demonstrate in a game situation basic passing and tackling. Students will be able to show the basic rules in a competitive situation. To show speed and agility when performing in drills and conditioned games. .

<ul style="list-style-type: none"> Students know how to create small motif/ sequences in small groups. 	<p>dynamics that can be added to movement.</p> <ul style="list-style-type: none"> Students should be able to verbalise how to start and finish a dance piece. 				
<p>How will students be assessed?</p>	<p>Alongside the levels identified on the assessment grid teachers will consider the following when assessing students:</p> <ul style="list-style-type: none"> Questioning Group discussions Leadership skills Students ability to apply new concepts when choreographing their dance piece Problem solving approaches when amending their dance using new concepts The application of movement into a routine 		<p>Students will be formatively assessed throughout each performance completed. This allows for an excellent opportunity for live feedback to be given to each student, opportunity for them to reflect on said feedback and finally apply what has been reinforced.</p> <p>Declarative knowledge, the key information that students will require will be assessed through questioning. Procedural knowledge, the doing, will be assessed through game performance.</p> <p>Students will be assessed in various ways, such as:</p> <ul style="list-style-type: none"> Verbal contributions Teamwork Leadership Students ability to apply new concepts Problem solving approaches The application of rules in positions such as coaching and umpiring. <p>Students will be assessed at the end of the double block. Teacher will also make assessments during lessons to ensure students are challenged at the right level.</p>		
<p>Literacy – What keywords will be taught?</p>	<p>Posture Alignment Flexibility Strength Stamina co-ordination balance</p>		<ul style="list-style-type: none"> Open stick reverse stick 16 yard hit out Short corner long corner side line ball 		

	mobility core control choreography movement motif SPACE Directions Pathways Dynamics Relationships Levels size and shape of movement formations actions jump turn gesture travel and stillness/balance.	<ul style="list-style-type: none"> • Indian dribble • push pass • slap hit • block tackle • Shin pads • Gum shield • pelvis protector • neck guard • pads. • Run out • 4 and 6 in relation to boundaries • Speed • Acceleration • Wide • Drive shot • Hook shot • Pull shot
What employability skills are being developed?	<ul style="list-style-type: none"> • Perseverance • Self-motivation • Competitiveness • Communication • Teamwork • Creativity 	<ul style="list-style-type: none"> • Perseverance • Self-motivation • Competitiveness • Communication • Observation skills • Officiating and leadership opportunities • Performance analyst opportunities • Verbalising and feedback opportunities
Wider Curriculum Links?	Maths – data Biology – effects of exercise on the body. Physics – Lifting	<ul style="list-style-type: none"> • Maths – Data • Biology – Effects of exercise on the body

<p>What useful websites are there for this topic?</p>	<p>Dance in Schools Support, advocacy and training for dance educators (onedanceuk.org)</p> <p>https://www.dancetoschool.com/</p>	<p>England Hockey - https://www.englandhockey.co.uk/play/junior-club-hockey/hockey-heroes</p> <p>History of Hockey - https://kids.britannica.com/kids/article/field-hockey/476276</p> <p>Hockey Techniques - https://hockeyperformanceacademy.com/top-10-field-hockey-skills-to-master/</p> <p>Rules of Hockey - https://www.englandhockey.co.uk/governance/rules-and-regulations/rules-of-hockey</p>
<p>What wider reading could be done for this topic?</p>	<p>New terminology</p> <ul style="list-style-type: none"> • PowerPoint slides showing definitions for new vocabulary • PowerPoint slides displaying word banks to help create movement • Videos to explain new terminology • Class discussions • Group discussions • The opportunities to verbalise and share new concepts/ideas within a small group • Think pair share idea's • Question and answer opportunities. 	<p>Learn to play - https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/scheme-of-assessment/non-exam-assessment-nea-practical-performance-in-physical-activity-and-sport/activities-criteria/hockey</p> <p>https://www.bbc.co.uk/bitesize/guides/zqm7xsg/revision/5</p> <p>https://www.thehockeypaper.co.uk/articles/2022/04/20/developing-control-skills-in-hockey</p>
<p>Community Links</p> <p>What else can students be doing independently to develop their</p>	<p>Extra-curricular</p> <p>Students have access to an extra-curricular club with once per week in the Autumn term.</p> <p>Opportunities to take part in the school dance evening.</p> <p>House activities</p> <p>Students can audition to take part in the annual arts festival, Eisteddfod.</p>	<p>Sutton Coldfield Hockey Club - https://www.suttoncoldfieldhc.co.uk/</p> <p>Hockey England – National Fixtures - https://www.englandhockey.co.uk/teams/sutton-coldfield-6-mens</p> <p>Find your nearest League - https://www.play-hockey.co.uk/?gclid=EAlaIqobChMIotOC2_migQMV94dQBh0N-w1uEAMYASAAEgJYQfD_BwE</p>

understanding
of this topic?

Community

There are many local dance schools for students to attend and develop their knowledge further. These clubs offer various styles for all ages on different evenings and weekends. Most dance schools also offer holiday camps which students can attend.