

Physical Education
YEAR 9 CURRICULUM INFORMATION

'Building knowledge, understanding, memory and performance.'

What will students be learning?	Autumn 1 and 2			Autumn 1 and 2		
	Girls: Netball			Girls: Hockey		
	To know (Building new knowledge)	To understand (Y9 – verbalise)	To be able to do (Performance)	To know (Building new knowledge)	To understand (Y9 – verbalise)	To be able to do (Performance)
	<ul style="list-style-type: none"> Students understand why holding space is effective in play. Why utilising angles when driving for the ball is more effective. To work as a team to revisit and develop further options for centre pass runs. Students have the basic knowledge of why width and depth facilitate space in play. The step-by-step position for effective interceptions. Students understand the difference between 1st and 2nd stage defence. To know how and why we block in open 	<ul style="list-style-type: none"> Recognise when holding space is important within a game. Verbalise why and recognise opportunities for triangles of support ensure attacking play. Verbalise why width and depth in play is important and recognise opportunities for these. Explain and recognise the correct body position for marking to a peer. Can recognise what 2nd stage defence looks like whilst observing. 	<ul style="list-style-type: none"> Students can physically hold space and play the ball into space for their partner/player(s). Drive forward for the ball utilising angles. Apply angles of support in attacking play to outwit the opponents. Apply differing centre pass options in closed and open skills alongside games. Ensure width in play is applied to draw the opposition wide and create space. To be able to use differing depths in closed and open play to receive the ball. To be able to use the correct body position to mark the ball. Apply the correct body position and movements 	<ul style="list-style-type: none"> Students will know a variety of dribbling techniques to outwit opponents. Students will know the importance of support play. Students will know how to draw the defence in to counterattack. Students will know the basic positions in a game. Students will start to learn about more complex skills. 	<ul style="list-style-type: none"> Students will know a variety of dribbling techniques to outwit opponents. Students will know the importance of support play. Students will know how to draw the defence in to counterattack. Students will know the basic positions in a game. Students will start to learn about more complex skills. 	<ul style="list-style-type: none"> Students will know a variety of dribbling techniques to outwit opponents. Students will know the importance of support play. Students will know how to draw the defence in to counterattack. Students will be able to select the appropriate dribbling technique to outwit an opponent. Be able to demonstrate in a competitive situation triangle support in order to attack. Be able to create space by using feint or dodge skills.

<p>play to narrow options for the opposition.</p> <ul style="list-style-type: none"> Students know a variety of communication methods throughout the game. 	<ul style="list-style-type: none"> Verbalises how to shadow their opponent and within play recognises opportunities to do so. Clear communication is evident referring to rules, skills and open play. 	<p>to ensure effective interceptions.</p> <ul style="list-style-type: none"> Can apply 2nd stage defence within small, sided games and open play. Shadows opponents to ensure close defensive play. Students can block one another in a closed skill environment. 			<ul style="list-style-type: none"> Understand the basic rules in a competitive situation. ll know the basic positions in a game. Students will start to learn about more complex skills.
<p>How will students be assessed?</p>	<p>Students will be formatively assessed throughout various skills and techniques. This allows for live feedback for each student, reinforcing techniques and opportunity for reflection before final application opportunities.</p> <ul style="list-style-type: none"> Foundation skills/knowledge – assessed through live verbal and visual feedback and the assessment of application. Declarative knowledge - the key information that students require will be assessed through questioning, verbal discussions and leadership opportunities. Procedural knowledge - will be assessed through data, essentially how fast, far and long are the performances. <p>Opportunities for further assessment strategies will be built into lesson time covering elements of: verbal contributions/team work/leadership/students ability to apply new concepts/problem solving/the application of rules of the game, during drills and during performer, either as an performer or coach.</p>		<p>Students will be formatively assessed throughout various skills and techniques. This allows for live feedback for each student, reinforcing techniques and opportunity for reflection before final application opportunities.</p> <ul style="list-style-type: none"> Foundation skills/knowledge – assessed through live verbal and visual feedback and the assessment of application. Declarative knowledge - the key information that students require will be assessed through questioning, verbal discussions and leadership opportunities. Procedural knowledge - will be assessed through data, essentially how fast, far and long are the performances. <p>Opportunities for further assessment strategies will be built into lesson time covering elements of: verbal contributions/team work/leadership/students ability to apply new concepts/problem solving/the application of rules of the game, during drills and during performer, either as an performer or coach.</p>		

<p>Literacy – What keywords will be taught?</p>	<ul style="list-style-type: none"> • Holding space • Driving (towards the ball) • Triangles of support • Centre passes • Width • Depth • Marking • Interceptions • Second stage defence • Shadowing • Communication • Blocking 	<ul style="list-style-type: none"> • Attacking overload • Passive attacker/defender. • Triangle support • Draw defence. • Short corner
<p>What employability skills are being developed?</p>	<ul style="list-style-type: none"> • Perseverance • Self-motivation • Competitiveness • Communication 	<ul style="list-style-type: none"> • Perseverance • Self-motivation • Competitiveness • Communication • Observation skills • Officiating and leadership opportunities • Performance analysis opportunities • Verbalising and feedback opportunities
<p>Wider Curriculum Links?</p>	<p>Maths – data Biology – effects of exercise on the body.</p>	<ul style="list-style-type: none"> • Maths – Data • Biology – Effects of exercise on the body
<p>What useful websites are there for this topic?</p>	<p>https://www.englandnetball.co.uk/play-netball/ https://www.yourschoolgames.com/taking-part/our-sports/netball/ https://powerplay.co.uk/netball</p>	<p>England Hockey - https://www.englandhockey.co.uk/play/junior-club-hockey/hockey-heroes History of Hockey - https://kids.britannica.com/kids/article/field-hockey/476276 Hockey Techniques - https://hockeyperformanceacademy.com/top-10-field-hockey-skills-to-master/</p>

	https://netball.sport/ https://www.netballsl.com/ https://www.bbc.co.uk/bitesize/topics/zsx6mnb	Rules of Hockey - https://www.englandhockey.co.uk/governance/rules-and-regulations/rules-of-hockey
What wider reading could be done for this topic?	https://www.bbc.co.uk/bitesize/guides/z2spfrd/revision/3 https://www.bbc.co.uk/bitesize/topics/zsx6mnb	Learn to play - https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/scheme-of-assessment/non-exam-assessment-nea-practical-performance-in-physical-activity-and-sport/activities-criteria/hockey https://www.bbc.co.uk/bitesize/guides/zqm7xsg/revision/5 https://www.thehockeypaper.co.uk/articles/2022/04/20/developing-control-skills-in-hockey
Community Links What else can students be doing independently to develop their understanding of this topic?	https://netballwestmidlands.co.uk/ https://www.birminghamnetball.co.uk/caps.html https://www.englandnetball.co.uk/play/back-to-netball/ https://suttontown.hitssports.com/links/default.aspx	Sutton Coldfield Hockey Club - https://www.suttoncoldfieldhc.co.uk/ Hockey England – National Fixtures - https://www.englandhockey.co.uk/teams/sutton-coldfield-6-mens Find your nearest League - https://www.play-hockey.co.uk/?gclid=EAlaIqobChMIotOC2_migQMV94dQBh0N-w1uEAMYASAAEgJYQfD_BwE