

**Physical Education**  
**YEAR 8 CURRICULUM INFORMATION**

*'Building knowledge, understanding, memory and performance.'*

What will students be learning?	Autumn 1 and 2			Autumn 1 and 2		
	Girls: Netball			Girls: Hockey		
	To know (Building new knowledge)	To understand (Y8 – verbalise)	To be able to do (Performance)	To know (Building new knowledge)	To understand (Y8 – verbalise)	To be able to do (Performance)
	<ul style="list-style-type: none"> <li>Students understand why holding space is effective in play.</li> <li>Why utilising angles when driving for the ball is more effective.</li> <li>To work as a team to revisit and develop further options for centre pass runs.</li> <li>Students have the basic knowledge of why width and depth facilitate space in play.</li> <li>The step-by-step position for effective interceptions.</li> <li>Students understand the difference between 1<sup>st</sup> and 2<sup>nd</sup> stage defence.</li> <li>To know how and why we block in open</li> </ul>	<ul style="list-style-type: none"> <li>Recognise when holding space is important within a game.</li> <li>Verbalise why and recognise opportunities for triangles of support ensure attacking play.</li> <li>Verbalise why width and depth in play is important and recognise opportunities for these.</li> <li>Explain and recognise the correct body position for marking to a peer.</li> <li>Can recognise what 2nd stage defence looks like whilst observing.</li> </ul>	<ul style="list-style-type: none"> <li>Students can physically hold space and play the ball into space for their partner/player(s).</li> <li>Drive forward for the ball utilising angles.</li> <li>Apply angles of support in attacking play to outwit the opponents.</li> <li>Apply differing centre pass options in closed and open skills alongside games.</li> <li>Ensure width in play is applied to draw the opposition wide and create space.</li> <li>To be able to use differing depths in closed and open play to receive the ball.</li> <li>To be able to use the correct body position to mark the ball.</li> <li>Apply the correct body position and movements</li> </ul>	<ul style="list-style-type: none"> <li>Students will know a variety of dribbling techniques to outwit opponents.</li> <li>Students will know the importance of support play.</li> <li>Students will know how to draw the defence in to counterattack.</li> <li>Students will know the basic positions in a game.</li> <li>Students will start to learn about more complex skills.</li> </ul>	<ul style="list-style-type: none"> <li>Students will know a variety of dribbling techniques to outwit opponents.</li> <li>Students will know the importance of support play.</li> <li>Students will know how to draw the defence in to counterattack.</li> <li>Students will know the basic positions in a game.</li> <li>Students will start to learn about more complex skills.</li> </ul>	<ul style="list-style-type: none"> <li>Students will know a variety of dribbling techniques to outwit opponents.</li> <li>Students will know the importance of support play.</li> <li>Students will know how to draw the defence in to counterattack.</li> <li>Students will be able to select the appropriate dribbling technique to outwit an opponent.</li> <li>Be able to demonstrate in a competitive situation triangle support in order to attack.</li> <li>Be able to create space by using feint or dodge skills.</li> </ul>

<p>play to narrow options for the opposition.</p> <ul style="list-style-type: none"><li>Students know a variety of communication methods throughout the game.</li></ul>	<ul style="list-style-type: none"><li>Verbalises how to shadow their opponent and within play recognises opportunities to do so.</li><li>Clear communication is evident referring to rules, skills and open play.</li></ul>	<p>to ensure effective interceptions.</p> <ul style="list-style-type: none"><li>Can apply 2nd stage defence within small, sided games and open play.</li><li>Shadows opponents to ensure close defensive play.</li><li>Students can block one another in a closed skill environment.</li></ul>			<ul style="list-style-type: none"><li>Understand the basic rules in a competitive situation and know the basic positions in a game.</li><li>Students will start to learn about more complex skills.</li></ul>
<p>How will students be assessed?</p>	<p>Students will be formatively assessed throughout various skills and techniques. This allows for live feedback for each student, reinforcing techniques and opportunity for reflection before final application opportunities.</p> <ul style="list-style-type: none"><li>Foundation skills/knowledge – assessed through live verbal and visual feedback and the assessment of application.</li><li>Declarative knowledge - the key information that students require will be assessed through questioning, verbal discussions and leadership opportunities.</li><li>Procedural knowledge - will be assessed through data, essentially how fast, far and long are the performances.</li></ul> <p>Opportunities for further assessment strategies will be built into lesson time covering elements of: verbal contributions/team work/leadership/students ability to apply new concepts/problem solving/the application of rules of the game, during drills and during performer, either as an performer or coach.</p>		<p>Students will be formatively assessed throughout various skills and techniques. This allows for live feedback for each student, reinforcing techniques and opportunity for reflection before final application opportunities.</p> <ul style="list-style-type: none"><li>Foundation skills/knowledge – assessed through live verbal and visual feedback and the assessment of application.</li><li>Declarative knowledge - the key information that students require will be assessed through questioning, verbal discussions and leadership opportunities.</li><li>Procedural knowledge - will be assessed through data, essentially how fast, far and long are the performances.</li></ul> <p>Opportunities for further assessment strategies will be built into lesson time covering elements of: verbal contributions/team work/leadership/students ability to apply new concepts/problem solving/the application of rules of the game, during drills and during performer, either as an performer or coach.</p>		

<p>Literacy – What keywords will be taught?</p>	<ul style="list-style-type: none"> <li>• Holding space</li> <li>• Driving (towards the ball)</li> <li>• Triangles of support</li> <li>• Centre passes</li> <li>• Width</li> <li>• Depth</li> <li>• Marking</li> <li>• Interceptions</li> <li>• Second stage defence</li> <li>• Shadowing</li> <li>• Communication</li> <li>• Blocking</li> </ul>	<ul style="list-style-type: none"> <li>• Attacking overload</li> <li>• Passive attacker/defender.</li> <li>• Triangle support</li> <li>• Draw defence.</li> <li>• Short corner</li> </ul>
<p>What employability skills are being developed?</p>	<ul style="list-style-type: none"> <li>• Perseverance</li> <li>• Self-motivation</li> <li>• Competitiveness</li> <li>• Communication</li> </ul>	<ul style="list-style-type: none"> <li>• Perseverance</li> <li>• Self-motivation</li> <li>• Competitiveness</li> <li>• Communication</li> <li>• Observation skills</li> <li>• Officiating and leadership opportunities</li> <li>• Performance analyst opportunities</li> <li>• Verbalising and feedback opportunities</li> </ul>
<p>Wider Curriculum Links?</p>	<p>Maths – data Biology – effects of exercise on the body.</p>	<ul style="list-style-type: none"> <li>• Maths – Data</li> <li>• Biology – Effects of exercise on the body</li> </ul>
<p>What useful websites are there for this topic?</p>	<p><a href="https://www.englandnetball.co.uk/play-netball/">https://www.englandnetball.co.uk/play-netball/</a></p> <p><a href="https://www.yourschoolgames.com/taking-part/our-sports/netball/">https://www.yourschoolgames.com/taking-part/our-sports/netball/</a></p> <p><a href="https://powerplay.co.uk/netball">https://powerplay.co.uk/netball</a></p> <p><a href="https://netball.sport/">https://netball.sport/</a></p>	<p>England Hockey - <a href="https://www.englandhockey.co.uk/play/junior-club-hockey/hockey-heroes">https://www.englandhockey.co.uk/play/junior-club-hockey/hockey-heroes</a></p> <p>History of Hockey - <a href="https://kids.britannica.com/kids/article/field-hockey/476276">https://kids.britannica.com/kids/article/field-hockey/476276</a></p> <p>Hockey Techniques - <a href="https://hockeyperformanceacademy.com/top-10-field-hockey-skills-to-master/">https://hockeyperformanceacademy.com/top-10-field-hockey-skills-to-master/</a></p>

	<a href="https://www.netballsl.com/">https://www.netballsl.com/</a>  <a href="https://www.bbc.co.uk/bitesize/topics/zsx6mnb">https://www.bbc.co.uk/bitesize/topics/zsx6mnb</a>	Rules of Hockey - <a href="https://www.englandhockey.co.uk/governance/rules-and-regulations/rules-of-hockey">https://www.englandhockey.co.uk/governance/rules-and-regulations/rules-of-hockey</a>
What wider reading could be done for this topic?	<a href="https://www.bbc.co.uk/bitesize/guides/z2spfrd/revision/3">https://www.bbc.co.uk/bitesize/guides/z2spfrd/revision/3</a>  <a href="https://www.bbc.co.uk/bitesize/topics/zsx6mnb">https://www.bbc.co.uk/bitesize/topics/zsx6mnb</a>	Learn to play - <a href="https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/scheme-of-assessment/non-exam-assessment-nea-practical-performance-in-physical-activity-and-sport/activities-criteria/hockey">https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/scheme-of-assessment/non-exam-assessment-nea-practical-performance-in-physical-activity-and-sport/activities-criteria/hockey</a>  <a href="https://www.bbc.co.uk/bitesize/guides/zqm7xsg/revision/5">https://www.bbc.co.uk/bitesize/guides/zqm7xsg/revision/5</a>  <a href="https://www.thehockeypaper.co.uk/articles/2022/04/20/developing-control-skills-in-hockey">https://www.thehockeypaper.co.uk/articles/2022/04/20/developing-control-skills-in-hockey</a>
Community Links  What else can students be doing independently to develop their understanding of this topic?	<a href="https://netballwestmidlands.co.uk/">https://netballwestmidlands.co.uk/</a>  <a href="https://www.birminghamnetball.co.uk/caps.html">https://www.birminghamnetball.co.uk/caps.html</a>  <a href="https://www.englandnetball.co.uk/play/back-to-netball/">https://www.englandnetball.co.uk/play/back-to-netball/</a>  <a href="https://suttontown.hitssports.com/links/default.aspx">https://suttontown.hitssports.com/links/default.aspx</a>	Sutton Coldfield Hockey Club - <a href="https://www.suttoncoldfieldhc.co.uk/">https://www.suttoncoldfieldhc.co.uk/</a>  Hockey England – National Fixtures - <a href="https://www.englandhockey.co.uk/teams/sutton-coldfield-6-mens">https://www.englandhockey.co.uk/teams/sutton-coldfield-6-mens</a>  Find your nearest League - <a href="https://www.play-hockey.co.uk/?gclid=EAlaIqobChMlotOC2_migQMV94dQBh0N-w1uEAMYASAAEgJYQfD_BwE">https://www.play-hockey.co.uk/?gclid=EAlaIqobChMlotOC2_migQMV94dQBh0N-w1uEAMYASAAEgJYQfD_BwE</a>