



# INTHEKNOW

Friday, 12 May 2023

[www.fairfax.bham.sch.uk](http://www.fairfax.bham.sch.uk)

## **Mental Health Awareness Week 15-20 May 2023**

An advance notice: the focus for this year's Mental Health Awareness Week is anxiety and Fairfax have planned a range of activities. We looking forward to celebrating Mental Health Awareness Week across the school through:

- Tutor time activities
- A whole school leaflet competition about supporting students to look after their own mental health
- Badge making in the Library
- Stress ball making in the Wellbeing Room
- Daily information sharing with parents/carers
- Charity fundraising – the Equalities Group will be selling green ribbon pins to raise money for the charity

**What is mental health?**

Your mental health affects how you... **FEEL** **THINK** **ACT**

Your state of wellbeing affects how you...

- cope with stress
- relate to others
- make choices
- engage with your family, community, workplace and friends

**Support your mental health**

**Boost your wellbeing**

Little things can make a big difference to your wellbeing:

- spend time with people who make you feel good
- express your feelings through journaling

**Have a good night's sleep**

Lack of sleep can increase risk of depression and anxiety

- aim for 7-9 hours of sleep per night
- avoid looking at screens one hour before bed

**Keep Active**

Exercise can help relieve stress, improve memory and boost your mood

- use break time to get some fresh air and walk around
- Join in extra sporting activities

**YOUNGMINDS**  
www.youngminds.org.uk

**HEALTH4TEENS**  
www.health4teens.co.uk  
07520 615730  
free confidential advice for teenagers via text messages.

**Kooth**  
www.kooth.com  
free online counselling and support for under 25's

**SANE**  
0300 304 700  
4:30pm - 10:30pm

### **'National Thank a Teacher Day' – 21 June 2023**

Parents/carers/students who would like to thank a member of staff for National Thank a Teacher Day are able to do so at [National Thank A Teacher Day 2023 - Thank a Teacher](#).

### **Fairfax PTFA**

An advance notice: the next PTFA meeting is on Monday, 5 June 2023 at 18:00.

Please email [ff-ptfa@fairfax.fmat.co.uk](mailto:ff-ptfa@fairfax.fmat.co.uk) for more information and/or to confirm your attendance

### **'Coronation' Red, White and Blue Non-Uniform Day – Friday, 5 May 2023**

Thank you to everyone who donated on the non-uniform day on Friday, 5 May, to The Prince's Trust [The Prince's Trust | Start Something \(princes-trust.org.uk\)](#), who provide help and support to young people. We raised £793.50. #wearefairfax

### **School Telephone Lines – Technical Issues**

A reminder notice that we have been experiencing technical issues intermittently with our telephone lines and we are aware that some parents/carers have found it difficult to contact the Academy at times. Our lines are also often busy; if you are unable to speak to a Receptionist, please leave a voicemail and a member of staff will return your call as soon as possible.

### **Anti-bullying Policy**

A reminder notice: Fairfax does not tolerate any form of bullying, and will act to support anyone in our community who experiences bullying; the 'bully' will also receive intervention support. Please tell someone if you or someone you know is experiencing bullying. Please contact your child's Assistant Head of Year or Head of Year if you have any concerns.

Fairfax are working in partnership with EqualiTeach, to implement an 'Equally Safe' project, and plans have commenced this term. We look forward to working with our students and parent/carers to ensure all stakeholder views are considered in this important project. In addition, student 'Anti-Bullying Ambassador' training took place this week, alongside the 'Equally Safe' Project.

### **Attendance Matters**

Well done to our students whose attendance has been high! A reminder that attendance should be 97% at least. Attendance improves achievement! Excellent attendance will be rewarded! Please support Fairfax in maintaining a high level. Please contact the Academy before 08:00 each day of absence.

### **Attendance Office**

Please be reminded that you can contact the attendance office and Attendance Manager – Miss J O'Connor via email: [ff-attendance@fairfax.fmat.co.uk](mailto:ff-attendance@fairfax.fmat.co.uk).

### **Attendance CSAWS**

Please be reminded that CSAWS (Central School Attendance and Welfare Service) may conduct a home visit if your child is absent and their attendance is a concern.

### **Term Time Holiday Requests**

A reminder notice: parents/carers are kindly reminded that Fairfax Academy cannot authorise holiday leave during term time. Please be advised doing so may result in penalty charges.

### **Punctuality**

A reminder notice: all students are expected to have arrived for registration by 08:30 each day. Any student arriving after this time will be considered late to school. Students who arrive after 09:15 without a valid reason, e.g. medical appointment, will be recorded as an unauthorised absence for the AM session only. To notify us that your child will be late to school, please telephone 0121 378 1288, press option 1 and leave a voicemail stating a valid reason for the lateness. We ask for your support in reminding your child of the importance of punctuality and the need to ensure enough time is given in order to travel to school each morning. Please be reminded that the third instance of lateness, and any lateness after this during a half term, will result in a 60 minute after-school detention.

### **Detentions**

A polite reminder that schools and academies have the right to detain students for breaches of the School Behaviour Policy. Schools do not have to give parents/carers notice of after-school detentions or tell them why a detention has been given. As a courtesy, Fairfax will send a text message to inform you by 14:30 each day. More information can be found at: <https://www.gov.uk/school-discipline-exclusions/discipline>.

### **Uniform**

Please ensure your child is wearing the correct uniform in order to support us to maintain high standards.

In particular:

- Tailored trousers and/or skirt (not tight fitting)
- Plain black v-neck jumper or cardigan (no sweatshirts or hoodies)

- Blazer and tie (to be worn at all times)
- School shoes (not trainers)
- No jewellery (one pair of stud earrings only)
- No facial piercings (if students have a nose ring, it needs to be a clear, invisible one)

### **Who to Contact at the Academy with a Concern**

Please be reminded of the following points of contact, including an update for Year 7:

#### **Year 7**

Head of Year:  
Mr Ravenscroft  
[c.ravenscroft@fairfax.fmat.co.uk](mailto:c.ravenscroft@fairfax.fmat.co.uk)  
Assistant Head of Year:  
Mr Rainbow  
[r.rainbow@fairfax.fmat.co.uk](mailto:r.rainbow@fairfax.fmat.co.uk)

#### **Year 8**

Head of Year:  
Ms Ahmed-Lockley  
[s.ahmedlockley@fairfax.fmat.co.uk](mailto:s.ahmedlockley@fairfax.fmat.co.uk)  
Assistant Head of Year:  
Mrs Byfield  
[c.byfield@fairfax.fmat.co.uk](mailto:c.byfield@fairfax.fmat.co.uk)

#### **Directors of Faculty**

Miss Ashton – Mathematics  
[a.ashton@fairfax.fmat.co.uk](mailto:a.ashton@fairfax.fmat.co.uk)  
Mrs Carty – Humanities  
[r.carty@fairfax.fmat.co.uk](mailto:r.carty@fairfax.fmat.co.uk)  
Mrs Ford – English & MFL  
[k.ford@fairfax.fmat.co.uk](mailto:k.ford@fairfax.fmat.co.uk)  
Mr Hewitt – Business & Computing  
[b.hewitt@fairfax.fmat.co.uk](mailto:b.hewitt@fairfax.fmat.co.uk)  
Mr Hill – Science & Technology  
[a.hill@fairfax.fmat.co.uk](mailto:a.hill@fairfax.fmat.co.uk)  
Mrs Palmer – PE & Performance  
[k.palmer@fairfax.fmat.co.uk](mailto:k.palmer@fairfax.fmat.co.uk)

#### **Year 9**

Head of Year:  
Mrs Colbourne  
[j.colbourne@fairfax.fmat.co.uk](mailto:j.colbourne@fairfax.fmat.co.uk)  
Assistant Head of Year:  
Mrs Parry  
[l.parry@fairfax.fmat.co.uk](mailto:l.parry@fairfax.fmat.co.uk)

#### **Year 10**

Head of Year:  
Miss Dowell  
[m.dowell@fairfax.fmat.co.uk](mailto:m.dowell@fairfax.fmat.co.uk)  
Assistant Head of Year:  
Mr Clark  
[g.clark@fairfax.fmat.co.uk](mailto:g.clark@fairfax.fmat.co.uk)

#### **SEND**

Mrs Corbett – SENDCO  
[k.corbett@fairfax.fmat.co.uk](mailto:k.corbett@fairfax.fmat.co.uk)  
Miss Panesar – Assistant SENDCO  
[a.panesar@fairfax.fmat.co.uk](mailto:a.panesar@fairfax.fmat.co.uk)

#### **Year 11**

Head of Year:  
Mr Sheppard  
[a.sheppard@fairfax.fmat.co.uk](mailto:a.sheppard@fairfax.fmat.co.uk)  
Assistant Head of Year:  
Mrs Barker  
[c.barker@fairfax.fmat.co.uk](mailto:c.barker@fairfax.fmat.co.uk)

#### **Sixth Form**

Head of Sixth Form:  
Ms Gray  
[w.gray@fairfax.fmat.co.uk](mailto:w.gray@fairfax.fmat.co.uk)  
Assistant Head of Sixth Form:  
Miss Sutton  
[s.sutton@fairfax.fmat.co.uk](mailto:s.sutton@fairfax.fmat.co.uk)

#### **Administration Manager**

Mrs Duvern  
[s.duvern@fairfax.fmat.co.uk](mailto:s.duvern@fairfax.fmat.co.uk)

#### **Attendance Manager**

Miss O'Connor  
[j.oconnor@fairfax.fmat.co.uk](mailto:j.oconnor@fairfax.fmat.co.uk)

### **Equalities Group Meeting**

A reminder notice: all students are invited to attend the Equalities Group Meetings each Thursday lunchtime in C7. If your child is interested in getting involved please encourage them to attend or speak to Miss Gardner or Mrs Williams.

### **PRIDE Meeting**

A reminder notice: all students are invited to attend our next PRIDE Meeting in C18 on Wednesday, 17 May 2023. If your child is interested in getting involved please encourage them to attend or speak to Mrs Lam or Mrs Williams.

### **School Council Meeting**

A reminder notice: all students are invited to attend our next School Council Meeting on Thursday, 25 May 2023 15:00-16:00 in the Library. If your child is interested in getting involved please encourage them to attend or speak to Ms Lowell or Mrs Williams.

### **Mathematics – Student Voice**

A reminder notice: the Mathematics Faculty really values student opinion and therefore can we kindly ask that all students complete the student survey on Show my Homework.

YEAR 7

An advance notice: please be advised that as Mrs Rose moves to work with Year 6 students and transition in readiness for September, Mr Ravenscroft will be leading the Year 7 team and will be your child's Head of Year 8 in September 2023. Mr Rainbow will continue as Assistant Head of Year.

YEAR 8	<p>A reminder notice: Year 8 HPV vaccinations will take place on Monday, 22 May 2023, for students who have returned their consent form.</p>
YEAR 9	<p>A reminder notice: the Sutton Schools Y9 Rounders Championship is on Wednesday, 24 May 2023.</p> <p>A reminder notice: the postponed Year 9 'Taster' Bronze DofE Practice Walk will now take place on Monday, 26 June for F half students, and Tuesday, 27 June for X half students. Updated letters have been sent, please contact Mr Hobbs (PE Office) with any queries.</p>
YEAR 10	<p>A reminder notice: the Sutton Schools Y10 Rounders Championship is on Wednesday, 17 May 2023.</p> <p>A reminder notice: the Y10 Geography Field Visits to Carding Mill are calendared on Monday, 12 June and Tuesday, 13 June 2023. Please refer to the invitation letter for further details.</p>
YEAR 11	<p>A reminder notice: Examination Leave – the main examination period begins on Monday, 15 May 2023. Year 11 students are expected to continue attending all of their lessons and tutor time until May half term. This is to support students with their preparations for each exam and to help relieve some of the pressure of having to do too much revision without support. A letter with further details about study leave will be sent to parents/carers shortly.</p> <p>A reminder notice: Year 11 students have received personalised timetables for all of their examinations; a full examinations timetable is also available on the Academy website. Morning examinations begin at 9:00am. Afternoon examinations begin at 1:30pm. As there are some variations to these start times for specific exams/students, students should refer carefully to their individual timetables for exact start times for each exam. Students will be expected to be outside their examination venue at least 10 minutes before the start of an examination. Students will be allowed to leave Period 4 early if they have an afternoon examination, to ensure that they have enough time for their lunch.</p> <p>A reminder notice: the Year 11 Prom date has been confirmed as Thursday, 29 June 2023, 19:00-22:00, and entrance is by ticket only, at the new venue of Brook Marston.</p> <p>An advance notice: Results can be collected from the school gym from 8:30am on Thursday, 24 August 2023. Staff will be available on that date should students require any further help and support.</p>
YEAR 12	<p>A reminder notice: Students who have been entered for BTEC exams in the Summer 2023 exam series should have received a timetable with the date, times and location of their exams. Please check these details carefully. Students will be expected to be outside their examination venue at least 10 minutes before the start of an examination. Students will be allowed to leave Period 4 early if they have an afternoon examination, to ensure that they have enough time for their lunch.</p> <p>A reminder notice: Year 12 Senior Team Applications – our Senior Prefect Team is an integral part of Fairfax's Sixth Form. We are looking for the next team of students to take on the mantle. As a member of the Senior Prefect Team you will be responsible for specific areas of school life, including teaching and learning; charity and events; Sixth Form facilities and student welfare.</p> <p>The Senior Team roles include: Head Student/Boy/Girl, Deputy Head Students and Senior Prefects. Students will be considered for the specific roles as indicated on their application. However, all students will be considered for a role as a Senior Prefect. The application form can be found on Show My Homework. The deadline for applications is Friday, 19 May 2023 at 15:00.</p> <p>A reminder notice: the Y12 Geography Field Visit to North Wales is calendared on Tuesday, 3 June until Thursday, 5 June 2023. Please refer to the invitation letter for further details.</p>

A reminder notice: Year 13 Leavers' Day – study leave begins on Tuesday, 16 May 2023. As is traditional, we will be saying farewell to our students on that day. As requested by the students, fancy dress will be acceptable, but students must be aware that the costumes should be appropriate for a school setting. Students should arrive at 09:00 via Gate 1 and come to the canopy area where staff and students will have the opportunity to say their farewells before the exam season begins. It is our intention that all students should be off site by 10:50.

A reminder notice: Examination Leave – students will be on study leave from Tuesday, 16 May but staff will be available during timetabled lessons for students to attend revision sessions. All students must sign in when they return to the school site for revision sessions and sign out when they leave. Students will be welcome to use the study rooms; however, these are silent work areas and therefore must be used for study only.

A reminder notice: it is vital that students return all books, and other materials belonging to the school and obtain an official leaving form from the Sixth Form Office. This must be done by Monday, 26 June 2023.

A reminder notice: Students should have received their individual timetable in tutor time or a copy may be collected from the Sixth Form Centre. These documents should be referred to for exact start times and locations, particularly if students have exam clash arrangements. Timetable overviews for the Summer 2023 examinations are available on the Academy website. It is the responsibility of students to ensure they attend all examinations on the correct day, at the correct time and in the correct location. Morning exams begin at 09:00. Afternoon exams begin at 13:30. As there are some variations to these start times for specific exams/students, students should refer carefully to their individual timetables for exact start times for each exam. Students are expected to arrive 10 minutes before the exam begins and correct school uniform should be worn on all occasions.

A reminder notice: the Year 13 Prom date and venue has now been confirmed as Thursday, 29 June 2023, 19:30-22:30 at Lea Marston Hotel & Spa, and entrance is by ticket only. It promises to be an excellent occasion. The function will end at 22:00 and students must leave the venue by 22:30 at the latest.

An advance notice: Results can be collected from the school gym from 8:30am on Thursday, 17 August 2023. Staff will be available on that date should students require any further help and support.