

Ref DJB/AQG/Letters/13 Parent Carer 5 January 2022

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Dear Parent/Carer

RE: CLARIFICATION ON ISOLATION PERIOD

Since Wednesday, 22 December 2021, the 10 day self-isolation period for people who record a positive PCR test result for COVID-19 has been reduced to 7 days in most circumstances, unless you cannot test for any reason.

Individuals may now take LFD tests on day 6 and day 7 of their self-isolation period. Those who receive two negative test results are no longer required to complete 10 full days of self-isolation. The first test must be taken no earlier than day 6 of the self-isolation period and tests must be taken 24 hours apart. If both these test results are negative, and you do not have a high temperature, you may end your self-isolation after the second negative test result and return to your education or childcare setting from day 7.

Anyone who is unable to take LFD tests will need to complete the full 10 day period of self-isolation.

Further information, including examples of when to end self-isolation if you have had COVID-19 symptoms, is available in the [stay at home: guidance for households with possible or confirmed COVID-19 infection](#).

Yours sincerely



MRS D J BUNN
Head of Academy