

Child Development

Year 10

Topics Studied:

Physical, intellectual and social/ emotional development (preparation towards the child study - R020 Understand the development of a child from birth to five years (centre assessed task)

R019 Understand the equipment and nutritional needs of children from birth to five years (centre assessed task- 25% of the qualification)

LO1 Key factors when choosing equipment for babies from birth to 12 months

LO2 Key factors when choosing equipment for babies from one to five years

LO3 The nutritional guidelines and requirements for children from birth to five years

LO4 Investigate and develop feeding solutions for children from birth to five years

Exam Board: OCR Cambridge Nationals Level 1/2: Child Development

Keywords that your child should know, and be able to spell, by the end of the year:

Nutrition and health Breastfeeding, Nutritional requirements, Breastfeeding, Bottle feeding- formula milks, feeding bottles, sterilising feeding equipment, Weaning, Macronutrients- protein, carbohydrates, fats, Micronutrients- vitamins and minerals, Deficiency diseases, Dietary Reference Values (DRVs) and Reference Nutrient Intake (RNI), Estimated Average Requirement (EAR), Energy value, Diet related illness- heart disease, low-fibre diets, childhood obesity, sugar, Healthy eating guidelines- the EatWell Plate, Food refusal, Food intolerance, Food labels, Food poisoning, Gastroenteritis, Food hygiene, Cross-contamination, Bacterial infection.

Physical, intellectual and social/ emotional development Physical development, Gross and fine motor skills, Intellectual and cognitive development, Genes and environment/ nature and nurture, Conditions, Milestones or norms of development, Mathematic concepts, Drawing, Communicate, Language development, Mispronunciation, stammering, deafness, Pre-reading skills and books, Pre-writing skills, Bonding, Environmental factors, Regression, Sibling rivalry, Comforters, Positive and negative emotions, Child's personality, social development, Stages of social play, Acceptable social behaviour, Negative behaviour, Controlling feelings and acceptable behaviour, Levels of discipline, Praise and punishment, Types of play- physical, creative, imaginative, exploratory, manipulative, social, Toys.

To help your child in Child Development you can:

Ask them about the work carried out in class and look at their exercise book regularly.

Check their homeworks.

Test them when preparing for tests.

Watch relevant TV programmes e.g. One Born Every Minute, with them.

Encourage your child to have contact with children aged 0-5 years and ensure they have access to a child in this age range for the Child Study in Y10 and Y11.

Assessment structure:

R018: Health and well-being for child development (written paper 1hour 15

minutes) 50%

R019 Understand the equipment and nutritional needs of children from birth to five years (centre assessed task) 25%

R020 Understand the development of a child from birth to five years (centre assessed task) 25%

Subject specific websites to support revision and independent learning:

www.ocr.org.uk

www.askamum

www.babycente.co.uk

www.boots.com

www.bounty.com

www.bbc.co.uk

www.childhealth.co.uk

www.food.gov.uk

www.nurseryworld.co.uk

www.rospa.com

Recommended subject guides:

OCR Cambridge National Level 1/ 2 Child Development, Hodder Education, ISBN 9781471899751, Amazon

Collins Revision GCSE Child Development Essentials, Amazon

OCR GCSE Home Economics Child Development text book, Heinemann, ISBN 9780435849214, Amazon

Additional Information:

After school support sessions- Thursday 2.50-3.50

Year 11

Topics Studied:

R020: *Understand the development of a child from birth to five years (Child study) (centre assessed task- 25% of the qualification)*

R018: Health and well-being for child development (work towards preparing for the written exam paper- 50%)

LO1: Understand reproduction and the roles and responsibilities of parenthood

LO2: Understand antenatal care and preparation for birth

LO3: Understand postnatal checks, postnatal provision and conditions for development

LO4: Understand how to recognise, manage and prevent childhood illnesses

LO5: Know about child safety

Exam Board: OCR Cambridge Nationals Level 1/2: Child Development

Assessment structure:

R018: Health and well-being for child development (written paper 1hour 15 minutes) 50%

R019 Understand the equipment and nutritional needs of children from birth to five years (centre assessed task) 25%

R020 Understand the development of a child from birth to five years (centre assessed task) 25%

Keywords that your child should know, and be able to spell, by the end of the year:

See topics covered above in Year 9- The key words are listed on the student's unit checklists in their exercise books.

To help your child in Child Development you can:

Ask them about the work carried out in class and look at their exercise book regularly.

Check their homeworks.

Test them when preparing for tests.

Watch relevant TV programmes e.g. One Born Every Minute, with them.

Encourage your child to have contact with children aged 0-5 years and ensure they have access to a child in this age range for the Child Study in Y11.

Subject specific websites to support revision and independent learning:

www.ocr.org.uk

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www.boots.com

www.bounty.com

www.bbc.co.uk

www.childhealth.co.uk

www.food.gov.uk

www.nurseryworld.co.uk

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