

## Further reading for the Level 3 BTEC Sport course

**Textbook** – Pearson BTEC National Sport, Student Book 1, for the 2016 specification.

Year 12 – units 1 and 6

Year 13 – units 2 and 3

### **Further reading for unit 6 – Sports Psychology**

<p>Sources of information to support you with assignments</p>	<p>Adams M et al — BTEC Level 3 National Sport (Performance and Excellence) Student Book (Pearson, 2010) ISBN 9781846906510</p> <p>Adams M et al — BTEC Level 3 National Sport Teaching Resource Pack (Pearson, 2010) ISBN 9781846906541</p> <p>Burton D and Raedeke T D — Sport Psychology for Coaches (Human Kinetics, 2008) ISBN 9780736039864</p> <p>Cox R — Sport Psychology: Concepts and Applications 6th Edition (McGraw-Hill, 2007) ISBN 9780071106429</p> <p>Weinberg R S and Gould D - Foundations of Sport and Exercise Psychology 4th Edition (Human Kinetics, 2007) ISBN 9780736064675</p> <p>Journals Applied Sport Psychology</p> <p>International Journal of Sports Science and Coaching Journal of Applied Sport Psychology</p> <p><b>Websites</b></p> <ul style="list-style-type: none"><li>• BBC Sport <a href="http://www.bbc.co.uk/sport">www.bbc.co.uk/sport</a></li><li>• British Association of Sport and Exercise Sciences <a href="http://www.bases.org.uk">www.bases.org.uk</a></li><li>• Istadia <a href="http://www.istadia.com">www.istadia.com</a></li><li>• Mind Tools <a href="http://www.mindtools.com">www.mindtools.com</a></li></ul>
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