



This Power Point will help you understand how to plan your revision and how to create a revision timetable.

Revision

Creating a Revision Timetable

You may well be asking yourselves the following questions:

- When should I start revising?
 - How much revision should I be doing?
 - What should I be revising?
 - How long should I spend revising for one subject/topic?
 - Am I allowed to have a life?
 - How do I create a revision timetable?
- This presentation will hopefully answer all of these questions for you.



When should I start revising and how much revision should I be doing?

- You can start revising now but the amount of revision you do should gradually increase as you get closer to your exams.
- Remember you will also have homework to complete alongside your revision in the first few months of Year 11.
- The following table gives you a rough idea of the number of hours you should be spending on revision each month in the run up to your exams.

| Month | Recommended number of hours revision per week |
|---------------|---|
| September | 1-2 |
| October | 2-4 |
| November | 6-8* |
| December | 2-4 |
| January | 6-8 |
| February | 8-10 |
| March | 10-12 |
| April onwards | 16-20 |

*Students will want to increase the number of hours revision they do in the run up to their mock examinations

What should I be revising?

- o You need to make sure your revision is focused and specific.
- o You need to break down each of your subjects into a list of topics. Many of your teachers will be able to provide you with topic lists.
- o If you do not have one of these, make your own topic list.
- o Start off by writing the subject at the top of a piece of paper and then write all the different topics that you need to know for that subject underneath.

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|--|
| Biology |
| B2.1 – CELLS AND SIMPLE TRANSPORT |
| B2.2 – TISSUES, ORGANS AND ORGAN SYSTEMS |
| B2.3 – PHOTOSYNTHESIS |
| B2.4 – ORGANISMS AND THEIR ENVIRONMENT |
| B2.5 – ENZYMES AND DIGESTION |
| B2.6 – AEROBIC AND ANAEROBIC RESPIRATION |
| B2.7 – CELL DIVISION AND INHERITANCE |
| B2.8 – SPECIATION |

You can then develop these lists to show how confident you feel about each topic. This will help you prioritise your revision.

*Confidence level 1-10 with 10 being the most confident with your own subject knowledge of the topic

| Biology | Confidence level before revision (1-10)* | Revised Once (✓) | Confidence level after revision (1-10)* | Revised for a second time (✓) | Confidence level after revision (1-10)* | Revised for a third time (✓) | Confidence level after revision (1-10)* | Revised for a fourth time (✓) | Confidence level after revision (1-10)* |
|--|--|------------------|---|-------------------------------|---|------------------------------|---|-------------------------------|---|
| B2.1 – CELLS AND SIMPLE TRANSPORT | | | | | | | | | |
| B2.2 – TISSUES, ORGANS AND ORGAN SYSTEMS | | | | | | | | | |
| B2.3 – PHOTOSYNTHESIS | | | | | | | | | |
| B2.4 – ORGANISMS AND THEIR ENVIRONMENT | | | | | | | | | |
| B2.5 – ENZYMES AND DIGESTION | | | | | | | | | |
| B2.6 – AEROBIC AND ANAEROBIC RESPIRATION | | | | | | | | | |
| B2.7 – CELL DIVISION AND INHERITANCE | | | | | | | | | |
| B2.8 – SPECIATION | | | | | | | | | |

Educational Research suggests that you need to revise a topic at least four times before you start to truly remember and understand it which is why the example topic sheet above encourages students to revise topics four times.

How long should I spend revising one subject/topic?

- o You will not be able to properly focus on a topic for more than **30-40 minutes** at a time.
- o It is also very important that you have a break if you are revising more than one subject in a row.
- o If you are doing a 1 hour revision session for a subject then it should include 40 minutes of focused revision and then a 20 minute break.
- o If you are doing a 30 minute revision session for a subject the you should spend 20 minutes completing some focused revision and the give yourself a 10 minute break before moving onto anything else.

Am I still allowed to have a life?

- o Yes, of course you are but this is why you need to produce a revision timetable.
- o Without a timetable you won't be able to balance your time between free time, revision time and homework time.

How do I create a revision timetable?

- o Your revision timetable will look different at different times of the year.
- o During term time your revision timetable should look something like this.
- o It's useful to plan ahead so you might want to plan your revision a month at a time.

REVISION TIMETABLE – October

| WC | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------|--------|---------|-----------|----------|--------|----------|--------|
| 5/10 | | | | | | | |
| 12/10 | | | | | | | |
| 19/10 | | | | | | | |
| 26/10 | | | | | | | |

Make sure you write in any after school or weekend commitments that you might have onto your timetable first.

REVISION TIMETABLE – October



| WC | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------|--------|---------|-----------|-------------------|--------|----------|---------------------------------|
| 5/10 | | | | Football Training | | Football | |
| 12/10 | | | | Football Training | | Football | Nan's 60 th Birthday |
| 19/10 | | | | Football Training | | Football | |
| 26/10 | | | | Football Training | | Football | |

Then write in when you will revise and what you will revise.
 Don't put too much each night because you will have homework to do as well.

REVISION TIMETABLE - OCTOBER

| WC | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------|---|---------|------------------------------------|-------------------|-----------------------------|---|--------|
| 5/10 | History – The Wall Street Crash and the New Deal | | Maths - Algebra | Football Training | | Football Geography – Volcanoes and Earthquakes | |
| 12/10 | English – Of Mice and Men | | Biology – Enzymes and Digestion | Football Training | Physics – Forces and Motion | | |
| 19/10 | PE – Injuries in the skeletal and muscular system | | Chemistry – Acids, Bases and Salts | Football Training | | Football Computing - Networks | |
| 26/10 | History – The Yalta and Potsdam Conferences | | Maths - Geometry | Football Training | | Football Geography – Urbanisation in LEDCs | |

- o It is really important that you don't just write in the subject and that you also write in which topic you will be revising.
- o Start with the topics that you feel the least confident on.
- o If you want to add the exact time when you will do your revision (e.g. 5pm-6pm) that could be included on the timetable too.

Finally you need to add a 20 minute review ideally on a Sunday

REVISION TIMETABLE - OCTOBER

| WC | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------|---|---------|------------------------------------|-------------------|-----------------------------|---|------------------|
| 5/10 | History – The Wall Street Crash and the New Deal | | Maths - Algebra | Football Training | | Football Geography – Volcanoes and Earthquakes | 20 minute review |
| 12/10 | English – Of Mice and Men | | Biology – Enzymes and Digestion | Football Training | Physics – Forces and Motion | | 20 minute review |
| 19/10 | PE – Injuries in the skeletal and muscular system | | Chemistry – Acids, Bases and Salts | Football Training | | Football Computing - Networks | 20 minute review |
| 26/10 | History – The Yalta and Potsdam Conferences | | Maths - Geometry | Football Training | | Football Geography – Urbanisation in LEDCs | 20 minute review |

- o This is when you should test yourself, or get someone in your family to test you, on the main things that you have revised that week to see how much you remember.

During school holidays and when you start study leave your revision timetable should look something like this:

- o Your day should be divided into six 1 hour study sessions. (A 1 hour study session is 40 mins of focused revision and then a 20 minute break)
- o You should only plan to do revision in 4 out of the 6 sessions each day.
- o You will need to have at least one rest day in the week where you don't do any revision.
- o In this timetable at the start of each day you should do a 20-30 minute review where you test yourself on everything that you learnt the previous day.

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------|--------|---------|-----------|----------|--------|----------|--------|
| Review: | | | | | | | |
| Morning 1 | | | | | | | |
| Morning 2 | | | | | | | |
| Afternoon 3 | | | | | | | |
| Afternoon 4 | | | | | | | |
| Evening 5 | | | | | | | |
| Evening 6 | | | | | | | |

How can I make sure I stick to my revision timetable?

- o Remember- this is not forever! For the sake of a few months effort now, you will be better prepared for both the mocks and your final GCSE exams
- o Use whatever tools/ incentives you can to prompt your self-discipline. There are free apps that you can download to remind you when you should be revising
- o Put your timetable up in the house so that the whole family can see it so that they know when, and what, you should be revising

As Sir Steve Redgrave said when preparing for the Olympics:



o **“You will never get the time back. Once it’s gone, it’s gone”**

What if I need help?

- o If you need any help with any aspect of your revision please speak to your subject teachers or your Head of Year.
- o Your teachers are more than happy to help you and we can arrange for someone to spend time with you to create a revision timetable with you if needed.